



Tanning Skin Analysis

DATE _____

NAME _____

1.) What is the natural color of your skin?

- ___(0) Reddish-white
- ___(2) White-beige
- ___(4) Beige
- ___(8) Light brown
- ___(12) Brown
- ___(16) Black

2.) What is your natural hair color?

- ___(0) Red, light blond
- ___(2) Blond, light brown
- ___(4) Brown
- ___(8) Dark brown
- ___(12) Brownish-black
- ___(16) Black

3.) What is your eye color?

- ___(0) Light blue, light green, light gray
- ___(2) Blue, Green, Gray
- ___(4) Light brown
- ___(8) Brown
- ___(12) Dark brown
- ___(16) Black

4.) How many freckles do you naturally have on your untanned body?

- ___(0) Many
- ___(2) Some
- ___(4) Few
- ___(8) None

5.) Which best describes your genetic heritage?

- ___(0) Celtic Caucasian
- ___(2) Caucasian, light-skinned European
- ___(4) Caucasian, dark-skinned European
- ___(8) Caucasian, Mediterranean
- ___(12) Middle Eastern, Indian, Asian, Hispanic
- ___(16) Aborigine, African, African-American

6.) Which best describes your SUNBURN potential?

- ___(0) Always burn without tanning
- ___(2) Usually burn but can tan
- ___(4) Occasionally burn but tan moderately
- ___(8) Seldom sunburn and tan easily
- ___(12) Rarely sunburn and tan profusely
- ___(16) Never sunburn

7.) Which best describes your TANNING potential?

- ___(0) Never tan
- ___(2) Can tan lightly
- ___(4) Can tan moderately
- ___(8) Can get a dark tan

Now add the points from your seven answers to determine your total score. Match your total score with the correct skin type listed below.

Total Score _____

Your Skin Type _____

SCORE	TYPE	DESCRIPTION
0-7	Type I	Very sensitive to sunlight.
8-21	Type II	Sensitive to sunlight.
22-42	Type III	Normal sensitivity to sunlight.
43-68	Type IV	Skin is tolerant of sunlight.
69-84	Type V	Skin is brown. Very tolerant.
85+	Type VI	Skin is black. Extreme tolerance.